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75769-B

Pack hot beans loosely...  
cover with cooking liquid.  
Leave 1/2-inch head space.



75770-B

Add salt... then work out  
air bubbles.

# HOME CANNING

## *Vegetables*

### PACKING

Wipe jar rim clean,  
ready for cap.

75771-B

### SEALING

With this type of cap...dip  
metal disk in boiling water..  
set on jar... screw band  
on tight.

75772-B

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